Most Needed Food Bank Donation Items:

- Canned & Dried Fruit
- Hot & Cold Cereal
- Soup
- Pasta
- Pasta Sauce
- Tuna
- 100% Fruit Juice
- Baby Food, Diapers, Wipes
- Peanut Butter
- Canned beans (pinto, kidney, black)
- Canned vegetables (low sodium)

Howard County Food Bank:
9385 Gerwig Lane, Units I-K, Columbia, MD 21046
Monday-Friday 9am-3pm

To volunteer or sign up for our e-newsletter: rsanborn@cac-hc.org
For information regarding fundraising opportunities: jgrieb@cac-hc.org

CAC’s Mission: To diminish poverty, enable self-sufficiency and advocate for low-income families and individuals.

Early Childhood Education * Energy Assistance * Food Assistance * Housing Assistance

www.cac-hc.org