



Community Action Council of Howard County

HELPING PEOPLE. CHANGING LIVES.



Howard County Food Bank

Canned & Dried Fruit
Hot & Cold Cereal
Soup
Pasta
Pasta Sauce
Canned Vegetables (low sodium)
Tuna

Tuna
100% Fruit Juice Boxes
Baby Food
Canned Beans (pinto, kidney, black)
Coffee & Tea
Peanut Butter

Monetary donations so we can purchase fresh dairy & meats

To volunteer or sign-up for our newsletter e-mail sschindehette@cac-hc.org
For information regarding fundraising opportunities e-mail jgrieb@cac-hc.org