

DONATIONS NEEDED



Did you know?


1 in 4 struggle to make ends meet.

Lend a Helping Hand

Most Needed Items

- ✓ Bags of Rice
- ✓ Pasta & Sauce
- ✓ Spices
- ✓ Soups
- ✓ Tuna
- ✓ Peanut Butter
- ✓ Sauces & Condiments
- ✓ Bags of Dry Beans
- ✓ Hot & Cold Cereal
- ✓ 100% Fruit Juice
- ✓ Diapers (size 4+)
- ✓ Feminine Hygiene

Drop Off Location

-  **Howard County Food Bank**
9385 Gerwig Lane, Unit J
Columbia, MD 21046
Monday - Friday 9:00 AM - 4:00 PM
www.cac-hc.org

CAC's Mission:

To diminish poverty and enable self-sufficiency for all Howard County individuals, families, and children in need.

For information regarding fundraising opportunities:

Email Valerie Weitz at vweitz@cac-hc.org

Interested in becoming a volunteer?

Email Courtney Mellberg at cmellberg@cac-hc.org